

OA Footsteps Creative Reprieve Committee Business Meeting Minutes
August 28, 2021

The OA Footsteps Creative Reprieve Committee Business Meeting was called to order at approximately 12:30 pm Eastern Time on Saturday, August 28, 2021, via Zoom, by acting-Chair, Alix Sandra.

Attendees:

The members present at this meeting represent a group of meetings on a ZOOM platform that is associated with OA Creative Reprieve {OACR} only. All of our OACR meetings are affiliated with the intergroup OA Footsteps. We are a committee within that service structure, designed to support our OACR meetings, and maintain the zoom platform and other expenses associated with our meeting.

Attendees: Alix Sandra, Deb C., Debbie, Heather B., Jan B., Lori J., Lynn W., Marty, Shanell, Shannon Z., Tonyia, Vicki C.

Opening Prayer: Meeting began with the Serenity Prayer

Approval of Past Minutes: The June meeting minutes were reviewed. Vicki motioned to approve minutes with edits as mentioned: change the word “cluster” to “committee” and change to oa.org. The motion was seconded by Marty and approved by a majority vote.

Review Ground Rules & Agenda: Alix Sandra reviewed meeting ground rules and meeting agenda.

Agenda:

- 1 Elect Board Members (Chair, Vice Chair, Secretary, Treasurer)
- 2 Treasurer’s Report
- 3 New Business
 - a OA Creative Reprieve WhatsApp Group
 - b 7th Tradition
- 4 Discussion Items
 - a What is OA Creative Reprieve
 - b Revisiting the original GC of the WhatsApp Group
 - c Suggested Guidelines for Script Revisions
- 5 Motion to Close the Meeting
- 6 Serenity Prayer

Minutes

1 Elect Board Members

Discussion around abstinence requirement, service experience requirement prior to electing for the roles of the newly formed steering committee; in a unanimous vote of 78%, it was determined that there will be a 12 month abstinence requirement for the roles of Chair and Treasurer, with a 6 month abstinence requirement for Co-Chair and Secretary; fully unanimous vote for no service experience requirement for any of the officer roles; Vicki motioned for term of service to be 3 months, with the option to extend for another 3 months, seconded by Heather B., passed with a unanimous vote.

Nominations and Elections Held

By unanimous votes on all roles, the officers were named:

Deb C – Chair

Shanell – Co-Chair (abstinence requirement waived – will revisit in three months)

Alix Sandra – Treasurer

Shannon Z – Secretary (abstinence requirement waived – will revisit in three months)

2 Treasurer's Report

The treasurer's report was reviewed by Alix. Alix Sandra stated that what was received in July via PayPal leaves us with a balance of \$164.98. Our current prudent reserve is -\$398.76. Vicki made a motion to accept the treasurer's report as it stands, as well as, the adoption of changing our scripts to include Creative Reprieve's 7th tradition in order to become self-supporting. Motion was seconded by Heather and passed in a unanimous vote.

3 New Business

- a. A motion was made by Alix to limit announcements on the WhatsApp Group to one per meeting. Lori J seconded the motion and it passed with a unanimous vote.
- b. Creative Reprieve 7th tradition – this item was already voted on in agenda item #2.

4 Discussion Items

- a. Creative Reprieve Business is a committee, a service group that oversees Zoom Room for all CR meetings

[Deb C made a motion to extend the meeting by 5 minutes – motion passed]

- b. Revisiting the original GC of the WhatsApp Group is tabled until a later date
- c. Alix briefly reviewed the guidelines for script revisions and noted that Jan B. has offered to be an editor to make script changes, as deemed necessary. The following link will take you to a "Some Ideas and Suggested Guidelines for Meeting Script Revisions" document. Document is also below. <https://docs.google.com/document/d/1eoNEqnuRgBbgQuVADJkc9qSf0low96lZziUPvuregzo/edit?usp=sharing>

5 Motion to Close Meeting

Heather made a motion to close the meeting. Multiple people seconded.

Meeting was closed with Serenity Prayer.

Meeting adjourned at approximately 1:45 pm.

Minutes submitted by Shannon Z.

8.29.2021

Attached: Some Ideas & Suggested Guidelines for Meeting Script Revisions document – This document can be added to and edited on our Google Drive:

<https://docs.google.com/document/d/1eoNEqnuRgBbgQuVADJkc9qSf0low96lZziUPvuregzo/edit?usp=sharing>

OA Creative Reprieve

Some Ideas & Suggested Guidelines for Meeting Script Revisions

Each meeting should take their own Group Conscience decision to revise their own meeting scripts. The existing scripts are located on a Google Drive, <https://bit.ly/3BekuLo> and can be edited by anyone with access, and/or by an editing committee established to assist our meetings to keep their scripts up to date. Some meetings may want to consider some of the following. It is recommended that we bring some of these ideas back to each of our meetings to make a Group Conscience decision to remain as it is, or to make changes according to the unanimity achieved at each registered meeting:

- 1. Housekeeping:** Some meetings may wish to update their housekeeping guidelines that are generally read aloud as a meeting starts. Something that came up recently was the following idea to remind all members that if anything occurs at a meeting that makes you feel uncomfortable, to reach out to one of the leaders at the meeting, or even email info@oa.creative-reprieve.art for assistance. Especially in light of our recent zoom intrusions, it may be reassuring that there are avenues available for support, but also for any other incidents that may arise at a meeting that may breach our Unity with Diversity guidelines. Another consideration might be to reword the request for members to 'dress appropriately' to ensure that our parameters are clear.
- 2. Meditation Time:** Some meetings may wish to updating the meditation time that currently says 15-20 minutes. Should the meditation period be a regular set length of time, to allow for consistent expectation of engagement with creativity, given that the creative meditation session is what makes the meeting, or should the scripts be adjusted to acknowledge the time varies in accordance with "running up to the ½ hour". Each meeting should decide for themselves, after discussion via a GC vote what the preference might be.
- 3. Sharing:** Some meetings may wish to update their weekly script to keep the shares to standard time, for example 2, 3, or up to 4 minutes. Some meetings may choose to keep this more flexible depending on how many members are in attendance on the day.
- 4. Cross-Talk:** Some meetings may wish to discuss what constitutes cross-talk at their meeting.
- 5. Special Topic:** Each meeting has been established with a special emphasis in mind, this can be adjusted regularly according to a Group Conscience at the meeting.
- 6. 7th Tradition:** Each meeting should take a Group Conscience decision to determine if they would wish to continue sending members along directly to OA Foot Steps to make contributions, or if they would wish to implement the following script to collect funds ourselves. This would help OA Creative Reprieve be self-supporting according to our own contributions, and any funds over our prudent reserve would be sent along to OAFS VIG {60%}, VR {30%} and WSO {10%}.

Suggested Script: *"According to our Seventh Tradition, we are self-supporting through our own contributions. Your contributions go towards this group's expenses: Zoom account access, web-hosting. We send regular contributions to [OA Foot Steps Virtual Intergroup](#), the [Virtual Region](#), and the [World Service Office](#) {WSO} to help carry the message to other compulsive overeaters."*

- 7. Group Conscience Decisions:** Since GC decisions can vary widely meeting to meeting, it is recommended that each meeting keep a record of the Group Conscience decisions that are made on their Team-Up Calendar event listing so that each meeting will be able to track any changes to their group conscience.